

Dr. MICHAELA MOCANU, MD



Dr. Mocanu is a board-certified physician specializing in Nephrology and Internal Medicine. She attended the Carol Davila University of Medicine & Pharmacy in Romania, where she received her medical degree. She completed her Internal Medicine residency at Georgetown University Hospital/ Washington Hospital Center and her Nephrology fellowship at the University of Pennsylvania.

Dr. Mocanu pursued additional medical education to become a Certified Hypertension Specialist by the American Hypertension Specialist Certification Program and is board eligible by the American Board of Obesity Medicine.

In her spare time, she enjoys listening to audiobooks and podcasts, and participating in outdoor activities with family.

A DIFFERENT APPROACH TO HEALTHCARE

- Patients pay a flat rate for services provided directly by the physician they choose.
- The doctor is an "out-of-network" provider.
- You may still receive full reimbursement or partial reimbursement through your health plan if you have private insurance. We provide you with the documentation and tools that will make filing claims easier.

Discover the benefits of Direct Care:

Timely appointments	Flexible follow-up options: office and telemedicine
Minimal to no waiting time	
More time per visit	No co-pay
Ask the doctor directly	No surprise bills

DIRECT CARE



TRADITIONAL CARE



HYPERTENSION

KIDNEY CARE

WEIGHT LOSS MANAGEMENT



At our clinic we offer individualized care using evidence based methods.

We listen, learn, and collaborate to improve your overall health and wellness.



**Hypertension
and Kidney Health, LLC**
value. quality care. convenience.

OUR EXPERT KIDNEY CARE CENTER CAN HELP REDUCE YOUR RISK OF KIDNEY FAILURE

We diagnose and treat:

Chronic Kidney Disease (non-dialysis)

Kidney Stones

Diabetic kidney disease

Electrolyte and Acid Base Disorders

Proteinuria, Hematuria

Post acute kidney injury follow-up

Reno-Vascular disease

Kidney disease in heart failure

Polycystic Kidney Disease



PARTNER WITH OUR CERTIFIED HYPERTENSION SPECIALIST!

Hypertension can cause strokes and cardiovascular diseases when left untreated. Controlling your high blood pressure can help prevent these events from occurring.

Dr. Mocanu has the expertise and knowledge to effectively help you. We provide:

- **COMPREHENSIVE EVALUATION** to identify any underlying medical condition contributing to your high blood pressure.
- Discuss **LIFESTYLE INTERVENTIONS** to help lower your blood pressure.
- Prescribe **MEDICATIONS** for high blood pressure control and cardiovascular risk reduction.

CHANGE YOUR LIFE WITH OUR PERSONALIZED PROGRAM FOR WEIGHT LOSS

Our services include:

✓ **COMPREHENSIVE EVALUATION** for causes of weight gain.

✓ **BEHAVIOR:** Learn behavioral intervention tools to develop healthy lifestyle habits and enhance your weight loss efforts.

✓ **EATING:** Examine how different types of foods and nutrients can assist in weight loss while also promoting good health.

✓ **ACTIVITY:** Discuss about the role of different types of exercise to help with weight loss and weight maintenance.

✓ **MEDICATIONS:** We prescribe all FDA-approved medications for weight loss and cardiovascular risk reduction.

